



St Raymond's Parish

One Family in Love and Joy



Issue 433

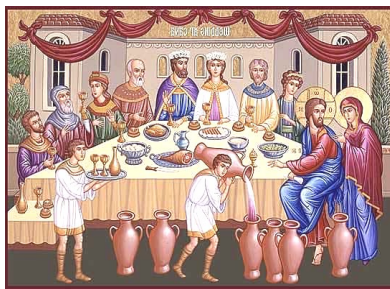
CANA SUNDAY: ENTRANCE INTO THE GREAT LENT

19 February 2023

THE GOSPEL

On the third day there was a wedding in Cana of Galilee, and the mother of Jesus was there. Jesus and his disciples had also been invited to the wedding. When the wine gave out, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "Woman, what concern is that to you and to me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now standing there were six stone water jars for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the chief steward." So they took it. When the steward tasted the water that had become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward called the bridegroom and said to him, "Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now." Jesus did this, the first of his signs, in Cana of Galilee, and revealed his glory; and his disciples believed in him. After this he went down to Capernaum with his mother, his brothers, and his disciples; and they remained there a few days.

Jn 2:1-11



Next Sunday:

Sunday of the Leper:

2Kings 5: 1-3. 9-14

Rom 6:12-23 / Mk 1:35-43

ADORATION



Spend one hour with Jesus.
Every Thursday at 7:00pm after
our 6:00pm Mass.

THE EPISTLE

I know and am persuaded in the Lord Jesus that nothing is unclean in itself; but it is unclean for any-one who thinks it unclean. If your brother or sister is being injured by what you eat, you are no longer walking in love. Do not let what you eat cause the ruin of one for whom Christ died. So do not let your good be spoken of as evil. For the kingdom of God is not food and drink but righteousness and peace and joy in the Holy Spirit. The one who thus serves Christ is acceptable to God and has human approval. Let us then pursue what makes for peace and for mutual up building. Do not, for the sake of food, destroy the work of God. Everything is indeed clean, but it is wrong for you to make others fall by what you eat; it is good not to eat meat or drink wine or do anything that makes your brother or sister stumble. The faith that you have, have as your own conviction before God. Blessed are those who have no reason to condemn themselves because of what they approve. But those who have doubts are condemned if they eat, because they do not act from faith; for whatever does not proceed from faith is sin.

Rom 14:14-23

"Fill the jars with water?" - Fr Sam Wehbe

On this Sunday of The Entrance into the Great Lent, Cana Sunday, the Lord Jesus is calling me: Firstly, to do as the servants did in the gospel, to put my jars in the hands of Jesus, which are my body, my mouth, my eyes, my ears, my heart, my mind, my family, my church, my work... that at times contain bad words and thoughts, desires, hatred, problems. Then, Jesus will transform and change them and fill our jars with his spirit, his love, his joy, his peace and his forgiveness. For this to happen, I'm called to invite Jesus and Mary into my life and renew my relationship with them, then Jesus will resolve my problems through the intercession of Mary as it happened in the wedding of Cana in Galilee.

Secondly, to "do a full spiritual service" by living the fasting and prayer, to do charitable work and to repent, just as I do a full service to my car, so the journey of my life can continue on the right track without stopping or accidents.

Lord, help me to fast and to pray, to do charitable work and penance. Lord, bless our Lenten journey this year and accompany us so that we may become holy and love you and love each other more. Amen



Ash Monday

20 February 2023

"Remember that you are dust
and to dust you shall return"

7:00am & 6:30pm

**Mass & Rite of the Blessing &
Distribution of the Ashes.**

(Church open all day for
personal prayers & receiving
ashes)

FRIDAYS OF LENT

5:30pm: Mass
**6:30pm: Stations,
Evening Prayer &
Ziah of the Cross**
Arb/Eng



Pastries (Zaatar, Cheese & Spinach)

Next Sunday 26 February after our

8am & 10am Masses



Divine Renovation conference 2023 experience

Over three incredible days last week Deacon Joe, Alina Geagea, Vanessa Farah and myself attended a Divine Renovation conference with 500 other clergy, religious, parish leaders and ministry teams.

The conference focused on how a parish with clergy, hand in hand with the Holy Trinity, can renew our parishes to be centres of evangelisation, leadership, formation, mission, worship and community. Fr James Mallon the founder of this mission and author of the book Divine Renovation, who was present at the conference, said something that really struck me: "There is an overwhelming need and underwhelming resources ... miracles happen when we work together."

We're excited to implement what we learnt from various workshops and conversations. If you feel called to help us renew our Parish here at St Raymond's, come and speak to us. Come Holy Spirit! - Joseph Wehbe



Let us pray for our sick: Linda, Roger, Joe, Michael, John, Eva, Ray, Pierre, Arthur, Rochelle, Simon, Hanna, Milad, Antoinette & all the sick.

Address: ST RAYMOND & ST JOSEPH THE WORKER MARONITE CATHOLIC CHURCH, 37 - 39 Wellington Road Auburn South NSW 2144

Parish Office: 41 Wellington Road Auburn South NSW 2144 | Phone 9643 0345 | ABN:53 697 102 280

Great Lent in our Marounite Church - Fr Sam WEHBE

The season of the Great Lent begins on Cana Sunday.

WHAT IS THE MEANING OF ASH MONDAY AND WHY ON A MONDAY?

We begin lent by having the ashes placed on our foreheads which symbolises repentance for our sins. Through this, we declare to others and to ourselves that we are contemplating and allowing God to work His spiritual greatness. The Blessing of Ashes is originally a Latin (Western) Rite celebrated on Ash Wednesday. The Maronites adopted this celebration from the Western Church and moved it to the day after Cana Sunday, the day we start fasting, which is why we have Ash Monday.

KEY FOCUSES IN LENT: PRAYER, FASTING AND ALMSGIVING

1. Prayer: During lent, we are called to increase our prayers and to be more involved in spiritual activities, bible study, Stations of the Cross on Fridays and charity as a sign of repentance and in preparation for the resurrection of the Lord.

2. Fasting and abstinence: Fasting is refraining from eating between 12 midnight and 12 noon (except for water and medicine). Abstinence is refraining from eating meat or dairy or drinking alcohol until the end of lent or on certain days, like the early Christians who practiced regular weekly fasts on Wednesdays and Fridays. For us as Maronites, we can fast and abstain from eating meat and dairy the whole of lent. It is obligatory to fast and abstain from eating meat and dairy on Ash Monday and Good Friday, and abstain from eating meat and dairy on all Fridays in lent.

3. Almsgiving: Almsgiving is sharing what God has given us with the poor and the needy.

EXEMPTIONS FROM FASTING AND ABSTINENCE

We do not fast or abstain on Saturdays and Sundays and Feast days such as St Maroun, St Joseph, the Annunciation... during lent. In addition, the elderly, sick, pregnant and children under 14 are not obliged to fast or abstain during lent.

الصوم الكبير في الكنيسة المارونية - الخوري سام وهبه

يبدأ زمن الصوم الكبير في أحد قانا الجليل.

إثنين الرماد: ما معنى الرماد ولماذا يوم الإثنين؟ نبدأ صيامنا بوضع الرماد على جباهنا علامة توبة عن خطايانا ولنعلم للناس ولأنفسنا بأننا في تأمل ولنسمح أن يعمل فينا الرب عظمته الروحية. والتبريك بالرماد هو تقليد لاتيني (غربي) يحتفل فيه يوم أربعاء الرماد. اتخذت الكنيسة المارونية هذا التقليد ووضعت في اليوم الذي يلي أحد قانا الجليل وهو الإثنين الرماد، اليوم الذي يبدأ فيه الصوم والإماتات.

رَكَازَ زَمَنِ الصَّوْمِ: الصَّلَاةُ وَالصِّيَامُ وَالصَّدَقَةُ

١- الصَّلَاةُ: خلال زمن الصوم، نحن مدعوون لتزبد صلواتنا ولنشارك أكثر في النشاطات الروحية والسهرات الإنجيلية والصلوات مثل مراحل درب الصليب أيام الجمعة والصوم والصدقة كعلامة توبة واستعداداً لقيامة الرب.

٢- الصِّيَامُ وَالْقِطَاعَةُ: الصِّيَامُ هو الإمتناع عن الأكل من الساعة ١٢ ليلاً وحتى الساعة ١٢ ظهراً (بإستثناء الماء والدواء). أما القِطَاعَةُ فهي الإمتناع عن أكل اللحوم والكحول والحلويات حتى نهاية الصوم أو في بعض الأيام كالمسيحيين الأولين الذين كانوا يصومون كل أربعاء وجمعة. في كنيسةنا المارونية، نصوم ونقطع عن اللحوم ومشتقات الحليب (البيض) خلال كل فترة الصِّيَام. الصِّيَام والقِطَاعَةُ الإجبارية عن اللحوم والبيض هما في يومي الإثنين الرماد والجمعة العظيمة، والقِطَاعَةُ عن اللحوم والبيض كل يوم جمعة طوال فترة الصوم.

٣- الصَّدَقَةُ: الصَّدَقَةُ هي مشاركة ما أعطانا إياه الرب مع الفقراء والمحتاجين ومساعدة الآخرين.

التفسيحات في الصوم والقِطَاعَةُ

نحن لا نصوم ونقطع أيام السبت والأحد وأيام الأعياد مثل مارمارون ومار يوسف والبشارة... كما أنَّ العجزة والمرضى والحبلى والأطفال، هم غير مجبورون على الصوم والقِطَاعَةُ.

ST RAYMOND'S PARISH FIRST HOLY COMMUNION



**SATURDAY
29 APRIL 2023**

ST RAYMOND'S MARONITE CATHOLIC PARISH



Alpha is a series of group conversations that explore the basics of the Christian faith. Everyone's welcome. You're invited, no matter your background or beliefs.



**Tuesday nights at 7pm starting 28th
February 2023**

All Ages (18+) Registration Essential
<https://www.straymondparish.org.au/our-ministries> OR via QR



Bishop's Message - Golden Jubilee Year - Cana Sunday

Dear Brothers and Sisters,

With Cana Sunday, we enter into the Season of Great Lent in our Maronite Church, a time for us to pause, reflect on our lives and strengthen our relationship with God and with others.

In his Lenten message for 2023, our Maronite Patriarch, His Eminence and Beatitude Mar Bechara Boutros Cardinal Rai, reminds us of the Lord's words that "man shall not live on bread alone, but on every word that comes from the mouth of God." (Matt 4:4) With this answer, the Lord teaches us that we are in need of 2 types of nourishment: one for our physical bodies and another for our spiritual soul. They are both needed to sustain us.

The need for food and physical nourishment is now, more than ever, a necessity for many of our own people in Lebanon and in many parts of the world. The political, economic, and social crises, as well as wars and natural disasters have left many hungry and unable to provide their basic necessities. The Patriarch reminds us that "The time of Great Lent puts each of us in a state of duty to help our brothers and sisters out of justice, solidarity and responsibility. Fasting itself includes charity, which is the sharing of what we have with those who are in need, whether it is a lot or a little."

Our Eparchy is holding an appeal to support families in Lebanon with charitable boxes and envelopes available at the church doors. Aware that families in Australia are also feeling some financial strain due to the rising cost of living, we thank you for any support or donation you can make to families in need in Lebanon.

The second necessary nourishment is "every word that comes from the mouth of God" (Matthew 4:4). His Holiness Pope Francis speaks about the duty to listen to the word of God, because by hearing it, we repent and change the course of our lives, our actions and our point of view (January 22, 2023). His Holiness affirmed that the word of God is for everyone and it is our duty to make sure that the word of God is shared, proclaimed and put at the centre of our lives.

When Jesus fasted forty days and forty nights, he was in a state of prayer. Fasting necessitates prayer, in order for a person to be open to the word of God and listen to it with their heart. It is by listening to the word of God that we can be filled with love for others and carry out acts of charity. Fasting, prayer and almsgiving go together in our Lenten journey.

Lenten Penitential Practices

In regards to the Lenten penitential practices for the Maronites, and in accordance with the guidelines released by His Beatitude and Eminence Mar Bechara Boutros Cardinal Rai, the recommended practices are summarised below:

Fasting from midnight to midday on all weekdays from Ash Monday to the Saturday of Light (8 April): no food or drink is to be consumed, with the exception of water;

Abstaining from consuming meat and dairy on the Fridays of Lent; and throughout the first and last week of Lent (Holy Week);

Fasting and Abstinence on Saturdays and Sundays are not an obligation, with the exception of the Saturday of Light (Easter Saturday), where fasting and abstinence are to be observed;

In 2023, the following feast days fall within the Lenten Season: St John Maroun (2 March), The Forty Martyrs (9 March), St Joseph (19 March), St Rafqa (23 March), The Annunciation (25 March). We do not fast or abstain on these feast days.

It is important to note that food and water are always permitted when needed to take medicines or in case of illness or old age or school children. A person who cannot fast or abstain may choose another form of penance.

I pray that this Lent is filled with spiritual blessings. May the words we hear on Ash Monday "you are dust and to dust you shall return" be our constant reminder over these coming 40 days that this world is passing. Every action we do here on earth is a preparation for eternal life in heaven.

+Antoine-Charbel Tarabay

PARISH NOTICE BOARD

Services of the week

Monday 20 February: Ash Monday

Mass & Blessing of Ashes at 7:00am and 6:30pm

Tuesday 21 February & Wednesday 22 February: 5:30pm Rosary, 6:00pm Mass

Thursday 23 February: 5:30pm Rosary, 6:00pm Mass followed by adoration

Friday 24 February: 5:30pm Mass, 6:30pm Stations, Evening Prayer & Zieh of the Cross Arb/Eng

Saturday 25 February: 5:30pm Rosary, 6:00pm Mass

Sunday 26 February - Sunday of the Leper:

8:00am Arabic Mass

10:00am Eng / Arb Mass

Confessions: will be held Half an hour before and during Masses..

خدمات الأسبوع

الإثنين ٢٠ شباط: إثنين الرماد

قُدَّاس مع رتبة تبريك الرماد الساعة ٧ صباحاً و ٣:٠٠ مساءً

الثلاثاء ٢١ شباط والأربعاء ٢٢ شباط: ٥:٣٠ مساءً مسيحة و ٦:٠٠ قُدَّاس

الخميس ٢٣ شباط: ٥:٣٠ مساءً المسبحة ٦:٠٠ قُدَّاس الموتى يليه ساعة سجود

الجمعة ٢٤ شباط: ٥:٣٠ مساءً قُدَّاس، ٦:٣٠ مساءً: مراحل درب الصليب، صلاة

المساء وزيارح الصليب باللغة العربية واللغة الإنكليزية

السبت ٢٥ شباط: ٥:٣٠ مساءً المسبحة و ٦:٠٠ قُدَّاس

الأحد ٢٦ شباط - أحد شفاء الأبرص:

٨:٠٠ صباحاً: قُدَّاس باللغة العربية

١٠:٠٠ صباحاً: قُدَّاس باللغة العربية والإنكليزية

الإعترافات: نصف ساعة قبل وخلال القداسات

Last week's Collection

\$1675.90



PARISH FINANCIALS

Amount Owing to the Bank \$11,300.56

Anyone wishing to donate, please find bank details below: **Commonwealth Bank: St Raymond's Maronite Catholic Parish**

BSB: 067 950 Account No: 03457

Parish contacts

Parish office on 96430345

Fr Sam 0417 171 737

Fr Michael 0401 369 892

Deacon Joseph 0413 245 501

With Your Support, We Will Build Our New Parish

KEEP UP TO DATE:

Email: admin@straymondparish.org.au



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Saint Raymond's Maronite Parish Sydney



st.raymonds

For Final Rites at home or in hospital please call Fr Sam on 0417171737



Taking the payment responsibility of:

1. Teaching Choir & PowerPoint - Thank you & God bless you
2. Mobile Phone Bill - Thank you & God bless you Raymond & Georgette Daher
3. Caltex Fuel Card - Thank you & God bless you Joe & Dianne Bechara & Family
4. E-Tag
5. Church Weekly Flowers - \$50 per week
6. Second Parish Office Rent for Pastoral Work - (\$480 per week)
7. Large garbage bin (\$40 per week)
8. Utilities (Gas, Electricity & Water) \$75 per week
9. Parish Priest Accommodation (\$125 per week) Done - Thank you & God bless you
10. Office Phone Bill+ Internet (\$100 per week)
11. Technical Network Maintenance Done - Thank you & God bless you
12. Photocopier (\$100 per week)
13. Electricity Bills (\$600 per month)
14. Diocesan Levy (\$750 per week)
15. Cutting Grass Done - Thank you & God bless you

For Maronite Care services, or any questions, comments or concerns, please contact us directly at Maronite Care Office: 1300 627 227 (1300 MAR CAR)



COMMUNITY ADVERTISING

RAYMOND & TONY GHALLOUB
MAY THEY REST IN PEACE

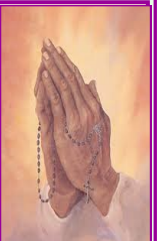
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Thank you all for your support and generosity.
May God Bless you always.



Please contact the office if you would like to advertise your business in St Raymond's Newsletter



رعيّة مار رومانوس

عائلة واحدة بمحبة وفرح



١٩ شباط ٢٠٢٣

أحد مدخل الصوم الكبير: آية عرس قانا الجليل

عدد ٣٣

الرسالة

يا إخوتي، إِنِّي عَالِمٌ وَوَاثِقٌ، فِي الرَّبِّ يَسُوعَ، أَنَّ لَا شَيْءَ نَجَسٍ فِي ذَاتِهِ، إِلَّا لِمَنْ يَحْسَبُهُ نَجَسًا، فَلَهُ يَكُونُ نَجَسًا. فَإِنْ كُنْتُ مِنْ أَجْلِ الطَّعَامِ تُخْزِنُ أَخَاكَ، فَلَا تَكُونُ سَالِكًا فِي الْمَحَبَّةِ. فَلَا تُهْلِكْ بِطَعَامِكَ ذَاكَ الَّذِي مَاتَ الْمَسِيحُ مِنْ أَجْلِهِ! إِذَا فَلَا تَسْمَحُوا بِأَنْ يَصِيرَ الْخَيْرُ فِيكُمْ سَبَبًا لِلتَّجْدِيفِ. فَلَيْسَ مَلَكُوتُ اللَّهِ أَكْلًا وَشُرْبًا، بَلْ بِرٌّ وَسَلَامٌ وَفَرَحٌ فِي الرُّوحِ الْقُدُسِ. فَمَنْ يَخْدُمُ الْمَسِيحَ هَكَذَا فَهُوَ مَرْضِيٌّ لَدَى اللَّهِ، وَمَقْبُولٌ لَدَى النَّاسِ. فَلْنَسْعَ إِذَا إِلَى مَا هُوَ لِسَلَامٍ، وَمَا هُوَ لِبُنْيَانٍ بَعْضُنَا بَعْضًا. فَلَا تَنْقُضْ عَمَلَ اللَّهِ مِنْ أَجْلِ الطَّعَامِ؛ لِأَنَّ كُلَّ شَيْءٍ طَاهِرٌ، وَلَكِنَّهُ يَنْقَلِبُ شَرًّا عَلَى الْإِنْسَانِ الَّذِي يَأْكُلُ وَيَكُونُ سَبَبٌ عَثْرَةً لِأَخِيهِ. فَخَيْرٌ لَكَ أَنْ لَا تَأْكُلَ لَحْمًا، وَلَا تَشْرَبَ خَمْرًا، وَلَا تَتَنَاوَلَ شَيْئًا يَكُونُ سَبَبٌ عَثْرَةً لِأَخِيكَ. وَاحْتَفِظْ بِرَأْيِكَ لِنَفْسِكَ أَمَامَ اللَّهِ. وَطُوبَى لِمَنْ لَا يَدِينُ نَفْسَهُ فِي مَا يُقَرِّرُهُ! أَمَّا الْمُرْتَابُ فِي قَرَارِهِ، فَإِنْ أَكَلَ يَدَانَ، لِأَنَّ عَمَلَهُ غَيْرُ صَادِرٍ عَنِ يَقِينٍ وَإِيمَانٍ. وَكُلُّ عَمَلٍ لَا يَصْدُرُ عَنِ يَقِينٍ وَإِيمَانٍ فَهُوَ خَطِيئَةٌ.

روم ١٤: ١٤-٢٣



الأحد القادم:

أحد شفاء الأبرص:

ملوك ١٠: ١-٩، ٣، ١٤-٩

روم ٦: ١٢-٢٣ / مر ١: ٣٥-٤٣

ساعة سجود



تعالوا نسجد للقربان
ونتمتع بحضور يسوع
معنا كل يوم خميس
الساعة ٧:٠٠ مساءً بعد
قدّاس الساعة ٦:٠٠

الإنجيل

فِي الْيَوْمِ الثَّلَاثِ، كَانَ عَرْسٌ فِي قَانَا الْجَلِيلِ، وَكَانَتْ أُمُّ يَسُوعَ هُنَاكَ. وَدُعِيَ أَيْضًا يَسُوعُ وَتِلَامِيذُهُ إِلَى الْعَرْسِ. وَنَفَدَ الْخَمْرُ، فَقَالَتْ لِيَسُوعَ أُمُّهُ: "لَيْسَ لَدَيْهِمْ خَمْرٌ". فَقَالَ لَهَا يَسُوعُ: "مَا لِي وَلَكَ، يَا امْرَأَةً؟ لَمْ تَأْتِ سَاعَتِي بَعْدًا!". فَقَالَتْ أُمُّهُ لِلْخَدَمِ: "مَهْمَا يَقُلْ لَكُمْ فَافْعَلُوهُ!". وَكَانَ هُنَاكَ سِتَّةُ أَجْرَانٍ مِنْ حَجَرٍ، مُعَدَّةٌ لِيَتَطَهَّرَ الْيَهُودُ، يَسَعُ كُلُّ مِنْهَا مِنْ ثَمَانِينَ إِلَى مِئَةٍ وَعِشْرِينَ لِيَتَرًا، فَقَالَ يَسُوعُ لِلْخَدَمِ: "إِمْلَأُوا الْأَجْرَانَ مَاءً". فَمَلَأُوهُمَا إِلَى فَوْقِ. قَالَ لَهُمْ: "اسْتَقْفُوا الْآنَ، وَقَدِّمُوا لِرَبِّيسِ الْوَلِيمَةِ". فَقَدَّمُوا. وَذَاقَ الرَّبِّيسُ الْمَاءَ، الَّذِي صَارَ خَمْرًا وَكَانَ لَا يَعْلَمُ مِنْ أَيْنَ هُوَ، وَالْخَدَمُ الَّذِينَ اسْتَقْفُوا يَعْلَمُونَ فَدَعَا إِلَيْهِ الْعَرِيسَ وَقَالَ لَهُ: "كُلُّ إِنْسَانٍ يُقَدِّمُ الْخَمْرَ الْجَيِّدَ أَوَّلًا، حَتَّى إِذَا سَكِرَ الْمَدْعُوعُونَ، يُقَدِّمُ الْأَقْلَ جُودَةً، أَمَّا أَنْتَ فَقَدْ أَبْقَيْتَ الْخَمْرَ الْجَيِّدَ إِلَى الْآنِ!". تِلْكَ كَانَتْ أُولَى آيَاتِ يَسُوعَ، صَنَعَهَا فِي قَانَا الْجَلِيلِ، فَأَظْهَرَ مَجْدَهُ، وَأَمَّنَ بِهِ تِلَامِيذُهُ.

يو ١: ١-١١

كل يوم جمعة في زمن الصوم



٣:٥ مساءً قدّاس

٣:٦ مساءً مراحل درب الصليب، صلاة المساء وزيّاح الصليب باللغة العربية وباللغة الإنكليزية.



إثنين الرّماد
٢٠ شباط
٢٠٢٣

"أذكر يا إنسان أنك تُراب وإلى التراب تعود"

الساعة ٧ صباحًا، و٦:٣٠ مساءً:
قدّاس ورتبة الرّماد باللغة

مُعْجَنَات (زَعَر، جَبْنَة وَسَبَاخ)

الأحد ٢٦ شباط

الأحد القادم بعد قدّاسي الساعة ٨ و ١٠ صباحًا



"إمْلَأُوا الْأَجْرَانَ مَاءً" - أَلُخُورِي سَام وَهَبْ

فِي أَحَدِ مَدْخَلِ الصَّوْمِ الْكَبِيرِ، أَحَدُ عَرَسِ قَانَا الْجَلِيلِ، يَدْعُونِي الرَّبُّ يَسُوعَ: أَوَّلًا أَنْ أَفْعَلَ كَمَا فَعَلَ الْخَدَامُ فَأُضَعُ أَجْرَانِي بَيْنَ يَدَيِ يَسُوعَ، أَيْ أَضَعُ جَسَدِي، وَفِعِي، وَعِيُونِي، وَأَذْنِي، وَقَلْبِي، وَعَقْلِي، وَنَفْسِي، وَعَائِلَتِي، وَكَنِيسَتِي، وَشَغْلِي، بِمَا فِهْمٍ مِنْ كَلَامِ سَيِّئٍ وَشَهْوَةٍ وَكَرَاهِيَةٍ وَأَفْكَارٍ شَرِيرَةٍ وَمَشَاكِلٍ... وَهُوَ يَحُولُهَا وَيَغَيِّرُهَا وَيَمْلأُهَا مِنْ جَرَّتِهِ، مِنْ رُوحِهِ، أَيْ يَمْلأُهَا مَحَبَّةً وَفَرَحًا وَسَلَامًا وَغُفْرَانًا. فَاَلْمَطْلُوبُ مِنِّي أَدْعُو يَسُوعَ وَمَرِيَمَ إِلَى حَيَاتِي مِنْ خِلَالِ تَجْدِيدِ عِلَاقَتِي مَعَهُمَا، وَيَسُوعَ يُصَلِّحُ كُلَّ مَشَاكِلِي وَتُعْبِي وَحَيَاتِي بِشَفَاعَةِ وَطَلَبِ مَرِيَمَ، كَمَا حَصَلَ فِي عَرَسِ قَانَا.

ثَانِيًا أَنْ أَعِيشَ الصَّوْمَ وَالصَّلَاةَ وَعَمَلَ الْخَيْرِ وَالتَّوْبَةِ، أَيْ أَنْ أَعْمَلَ "نَفْضَةً" كَامِلَةً لِحَيَاتِي، تَمَامًا كَمَا أَعْمَلَ لِسَيَّارَتِي (Full Service)، لِكِي تَقْدِيرُ حَيَاتِي أَنْ تَسِيرَ بَدُونِ تَوَقُّفٍ أَوْ حَوَادِثٍ أَوْ "تَخْرِيْطٍ".

فِيَا رَبِّ، سَاعِدْنِي لِالصَّوْمِ وَأَصْلَبِي وَأَعْمَلِي الْخَيْرَ وَالْإِمَامَاتَاتِ أَكْثَرَ. بَارِكْ يَا رَبِّ صَوْمَنَا هَذِهِ السَّنَةَ، وَرَافِقْنَا لِنَتَقَدَّسَ وَنَحْبِكَ وَنَحَبَّ بَعْضُنَا أَكْثَرَ. آمِينَ